

ADDITIONAL RESOURCES

MANAGING MENTAL HEALTH CONDITIONS - LINKS

The following resources provides leaders with additional information, resources and services for workplace leaders managing an employee with a mental health condition.

WORKERS WITH MENTAL ILLNESS: A PRACTICAL GUIDE FOR MANAGERS, AUSTRALIAN HUMAN RIGHTS COMMISSION, 2010

Provides a practical guide for leaders on how to support workers with a mental illness. This guide has information on mental illnesses, understanding your obligations under the various acts and legislation, and how to talk about mental illness with an employee.

https://www.humanrights.gov.au/sites/default/files/document/publication/workers_mental_illness_guide_0.pdf

FAIR WORK OMBUDSMAN

An Australian Government body established to provide information and advice about workplace rights and obligations. Search "mental illness" for all relevant employer and employee entitlements and obligations.

<https://www.fairwork.gov.au/>

INDEPENDENT FAIR WORK ADVICE LINE

Independent provider who offers free expert advice to help you understand your obligations as an employer under the Fair Work Act. Contacting this fair work advice line typically requires you to provide details of your organisation. Whilst the service is offered as a fully confidential, no obligation, free service, the service may offer you subsequent services for a fee.

Fair Work Helpline for Employers

<https://fairworkhelp.com.au/>

If you or someone you know needs help contact **TIACS** on 0488 846 988 or your organisation's Employee Assistance Program (EAP), your GP or call: **LifeLine** on 13 11 14, **Kids Helpline** on 1800 551 800, **MensLine Australia** on 1300 789 978 or the **Suicide Call Back Service** on 1300 659 467.

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